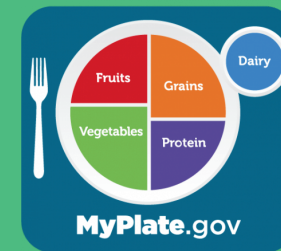




ROSEMEAD SCHOOL DISTRICT

August

Elementary Breakfast and Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
4	5	6	7	8
11	12	13	14	15
18	19	20 Assorted Cereal with Cracker Cheeseburger Sliders with Crinkle Cut Fries	21 Ham & Cheese Croissant Mandarin Orange Chicken, Brown Rice, Garlicky Broccoli, and Fortune Cookie	22 Double Chocolate Chip Muffin Pepperoni or Cheese Pizza with Kale Caesar Salad
25 Pancake Bites with Maple Syrup Chicken Nuggets, Cross Trax Fries, and Chocolate Chip Cookie	26 Scrambled Eggs, Turkey Bacon, and Toast Grassfed Beef Hot Dog on a Bun with Three Bean Chili	27 UBR Oatmeal Chocolate Chip Breaded Chicken Drumsticks, Mashed Potatoes with Gravy, and Garlic Knot	28 Strawberry Mini Bagels Spaghetti & Meatballs, Garlic Breadsticks, and Garlicky Broccoli	29 Freshly Baked Blueberry Lemon Scones Chicken Banh Mi Sandwich with Pickled Vegetables



All children enrolled at Rosemead School District are provided breakfast and lunch at no cost!

Available Daily:

8 oz 1% White Milk
8 oz. Nonfat Chocolate Milk
Assorted Fresh Fruit & Vegetables

Monday: Grilled Cheese Sandwich
Tuesday: Bean & Cheese Burrito
Wednesday: Cheese Pull Apart
Thursday: Cheese Calzone
Friday: Turkey Club Sandwich



Freshly Prepared



Plant-Based

Menu is subject to change without prior notice.
This institution is an equal opportunity provider.



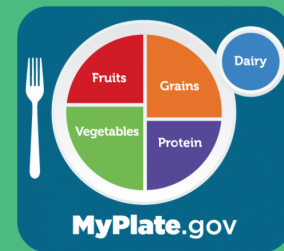
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ROSEMEAD SCHOOL DISTRICT

September

Elementary Breakfast and Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 LABOR DAY	2 French Toasts Sticks with Turkey Sausage Chicken Taquitos, Guacamole, and Refried Beans	3 Assorted BeneFIT Bar Breaded Regular of Spicy Chicken Filet Sandwich with Seasoned Wedges	4 Freshly Baked Chocolate Scones Teriyaki Chicken, Brown Rice, Garlicky Broccoli, and Fortune Cookie	5 Chocolate Chip Muffin Cheeseburger Sliders, Crinkle Cut Fries
8 Breakfast Pizza Bagel Kickin' Nuggets, Tater Tots, and Chocolate Chip Cookie	9 Assorted Concha Carne Asada Nachos, Guacamole, and Pico de Gallo	10 Mini Pancake Sausage Bites Beef Pasta Bolognese, Garlic Knot, and Garlicky Broccoli	11 Bagel with Cream Cheese Chicken & Vegetable Dumplings, Sesame Ginger Salad, and Fortune Cookie	12 Egg, Sausage & Cheese Tornado Sticky Chicken Meatballs, Brown Rice, and Soy Cucumber Salad
15 Breakfast Apple Mini Bites Boneless Chicken Wings, Mashed Potato & Gravy, Steamed Corn, and Dinner Roll	16 Colby Cheese Omelet with Toast Crunchy Beef Taco, Spanish Rice, Elote Salad, and Refried Beans	17 Freshly Baked Cinnamon Rolls Grassfed Hamburger or Cheeseburger with Season Wedge Fries	18 Ham & Cheese Croissant Mandarin Orange Chicken, Brown Rice, Garlicky Broccoli, and Fortune Cookie	19 Double Chocolate Chip Muffin Pepperoni or Cheese Pizza with Kale Caesar Salad
22 Pancake Bites with Maple Syrup Chicken Nuggets, Cross Trax Fries, and Chocolate Chip Cookie	23 Scrambled Eggs, Turkey Bacon, and Toast Grassfed Beef Hot Dog on a Bun with Three Bean Chili	24 UBR Oatmeal Chocolate Chip Breaded Chicken Drumsticks, Mashed Potatoes with Gravy, and Garlic Knot	25 Strawberry Mini Bagels Spaghetti & Meatballs, Garlic Breadsticks, and Garlicky Broccoli	26 Freshly Baked Blueberry Lemon Scones Chicken Banh Mi Sandwich with Pickled Vegetables
29 Breakfast Egg & Sausage Sandwich Homestyle Chicken Strips, Waffle Fries, and Rice Krispies	30 French Toasts Sticks with Turkey Sausage Chicken Taquitos, Guacamole, and Refried Beans	1	2	3



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